

















Discovery and Harmony Activity Calendar

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 Pet Therapy 10:00 Coffee Klatch  10:30 News & Discussion 11:00 <u>Love on a Leash: Pet Therapy</u> 11:00 Alternate Activity w/ Paola 11:40 Sittercises 12:00 Lunch and Social Hour D12:45 <u>Abstract Art w/ Jess</u> H12:45 Ring Toss Game	4 Mardi Gras 10:00 Coffee Klatch 10:30 News & Discussion D11:00 Ball Grab Game H11:00 Travelogue: New Orleans 11:40 Move & Groove Exercises 12:00 Lunch and Social Hour 12:45 <u>Mardi Gras Celebration</u> 12:45 Alternate: Table Games Celebrate Bryan's Birthday!	5 Word Game Wednesday 10:00 Coffee Klatch 10:30 News & Discussion D11:00 Crazy for Words Game & Trivia H11:00 Patio Walk & enjoy the Garden 11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour D12:45 Bingo Bash! H12:45 March Trivia & Word Game	6 National Veggie Month 10:00 Coffee Klatch 10:30 News & Discussion D11:00 Name That Musical H11:00 Music & Movement 11:40 Sit and Get Fit Exercises 12:00 Lunch and Social Hour D12:45 Headbands Guessing Game H12:45 Reminisce: Favorite Diners 1:30 Snack: baby carrots & dip	7 Phil on the Guitar  10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Tai Chi w/ Jess/ Word Game</u> H11:00 Picture Match Game 11:40 Fitness Friday 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alternate: Table Games Celebrate Charles's Birthday!	
10 Monday Movement 10:00 Coffee Klatch 10:30 News & Discussion D11:00 Active Game Time H11:00 Gardening on the Patio 11:40 Sittercises 12:00 Lunch and Social Hour 12:45 Jeopardy w/ Jess & Paola 12:45 <u>Alternate: Paint Class w/ Jo</u> Celebrate Ed B. & Denis's Birthday!	11 Phil on the Guitar  10:00 Coffee Klatch 10:30 News & Discussion D11:00 Celebrate Women's History Month H11:00 Sensory Box Activity 11:40 Noodle & Ball Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alt: Reminiscent Corner Celebrate Walt's Birthday!	12 Wednesday Funday!  10:00 Coffee Klatch 10:30 News & Discussion D11:00 Guess the Celebrity H11:00 Golf Putt Putt Challenge 11:45 Noodle & Ball Exercises 12:00 Lunch and Social Hour 12:45 <u>The Ukulele Strummers & Singers</u> Celebrate Cindy B. & Joanne's Birthday!	13 Music & Sweet Treat Day  10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Sweet Treats w/ Jess</u> H11:00 Hula Hoop Toss 11:45 Sit and Get Fit Exercises 12:00 Lunch and Social Hour 12:45 <u>Music w/ Kayla</u> 12:45 Alt: Active Game	14 National Potato Chip Day 10:00 Coffee Klatch 10:30 News & Discussion 11:00 Music Memories 11:00 <u>Art Class w/ Jess</u> 11:40 Fitness Friday 12:00 Lunch and Social Hour D12:45 Virtual Trip: Ireland H12:45 Logo Match Game	
17 St. Patrick's Day  10:00 Coffee Klatch 10:30 News & Discussion 11:00 <u>The Golden Pipers: Irish Music</u> 11:40 Sittercises 12:00 Lunch and Social Hour D12:45 St. Patrick's Day Bingo & Trivia H12:45 Travelogue- Ireland 12:45 Alt: <u>Create Joy w/ Frankie</u> Wear Green!	18 National Craft Month  10:00 Coffee Klatch 10:30 News & Discussion D11:00 <u>Craft Corner w/ Paola</u> H11:00 Active Game 11:45 Move and Groove Exercises 12:00 Lunch and Social Hour 12:45 <u>Sing & Dance Party!</u> 12:45 Alternate: Dominos	19 Pet Therapy  10:00 Coffee Klatch 10:30 News & Discussion 11:00 <u>Love on a Leash: Pet Therapy</u> 11:00 Alternate Activity w/ Paola 11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 	20 1st Day of Spring 10:00 Coffee Klatch 10:30 News & Discussion 11:00 <u>Spring Social on the patio</u> 11:45 Sit and Get Fit Exercises 12:00 Lunch and Social Hour D12:45 Celebrity Bingo H12:45 Spring Sensory Activity	21 National Flower Day 10:00 Coffee Klatch 10:30 News & Discussion 11:00 Jeopardy Challenge 11:00 <u>Creative Crew w/ Lori</u> 11:40 Fitness Friday 12:00 Lunch and Social Hour D12:45 View the Most Beautiful Gardens H12:45 Table Tennis Celebrate David's Birthday!	
24 Monday Funday  10:00 Coffee Klatch 10:30 News & Discussion D11:00 Finish the Phrase H11:00 Charades w/ Vanessa 11:00 <u>Alt: Create Joy w/ Frankie</u> 11:40 Sittercises 12:00 Lunch and Social Hour D12:45 The Three Tenors H12:45 Group Sing along	25 Happy Tuesday 10:00 Coffee Klatch 10:30 News & Discussion D11:00 Unlikely Animal Friendships H11:00 Sensory Box Activity 11:40 Noodle & Ball Exercises 12:00 Lunch and Social Hour 12:45 Bingo Bash! 12:45 Active Game: Corn Hole	26 Wear a Hat Day 10:00 Coffee Klatch 10:30 News & Discussion 11:00 <u>Hat Day Social on the Patio</u> 11:40 Ageless Grace Exercises 12:00 Lunch and Social Hour 12:45 Name that Tune 12:45 <u>Alt: Spring Arts & Crafts w/ Jo</u>	27 Phil on the Guitar  10:00 Coffee Klatch 10:30 News & Discussion D11:00 Word Games w/ Jess H11:00 <u>Baking Club w/ Jo</u> 11:45 Sit and Get Fit Exercises 12:00 Lunch and Social Hour 12:45 <u>Phil on the Guitar</u> 12:45 Alt: Discussion w/ Jim	28 Tribute: Audrey Hepburn 10:00 Coffee Klatch 10:30 News & Discussion 11:00 Movie Matinee 11:00 <u>Arts & Crafts w/ Jess</u> 11:40 Fitness Friday 12:00 Lunch and Social Hour 12:45 <u>Tribute: Audrey Hepburn</u> 12:45 Alternate: Table Games	
31 Eiffel Tower Day 10:00 Coffee Klatch 10:30 News & Discussion D11:00 Ball Grab Game H11:00 Travelogue- Paris 11:40 Sittercises 12:00 Lunch and Social Hour 12:45 <u>Virtual Travel to France</u> 12:45 Alternate: Active Game	<p>Note: If an activity is only scheduled for Discovery group, you will see it noted with the letter D or H for Harmony. All other activities will be done in both groups. Your loved one is also welcome to join the other group if they prefer doing that activity instead of what their group is doing.</p>	 3/3 Bryan 3/9 Denis 3/8 Charles 3/10 Walt 3/9 Ed 3/13 JoAnn 3/9 Cindy B. 3/21 David	