



Solo Aging Workshop

All You Should Know About In-Home Care and Long-Term Care Insurance Claims

Monday, July 22, 3pm - 4:30 pm



In-person seminar at Senior Concerns, 401 Hodencamp Road, Thousand Oaks 91360

Registration Required — [Register Here](#), call 805.497.0189 or email info@seniorconcerns.org

Martha Shapiro will discuss In-Home Care, including:

- What does hiring in-home care entail?
- What you need to know if hiring privately or through an agency.
- What does it mean to “manage” home care?
- How do you get what you need out of a home care worker’s time?
- As a Solo Ager what you need to know.

Senior Concerns Director of Programs Martha Shapiro leads all Senior Concerns programs including our Caregiver Support Center and Care Management services. Martha has valuable advice from her over 15 years’ experience working with family caregivers as well as her own personal experience being the hands-on manager of care for family members.



Michelle Bourne will discuss Long-Term Care Insurance Claims, including:

- What is LTCI and what are the main components of a policy?
- What should I be doing now, before long-term care is needed?
- When should I file a claim, and what is an “assessment?”
- How long does it take for my claim to be approved?
- What exactly is an “elimination period?”
- How do I get my claim to reimburse me for LTC charges?

Michelle Bourne has been a California Licensed Insurance Agent for over 25 years. She has experienced first-hand the significant changes that have taken place in the long-term care industry by submitting a claim for her mother.

Even with her years of experience, unexpected changes, complexities, challenges and frustrations of navigating the confusing and unfriendly landscape of the long-term care insurance claims process were daunting. Going through this experience with her mother fueled her desire to help families who have long term-care insurance obtain ALL of the benefits that they’re entitled to.

